

The following message was e-mailed to all on-campus residents and was also mailed to their parents/supporters.

September 3, 2009

As you have probably heard reported in the media, college campuses across the country are preparing for possible outbreak of the H1N1 virus (swine flu).

University Housing is working with the Cal Poly Health Center and the San Luis Obispo County Public Health Department on updating the H1N1 Response Plan for the Cal Poly Campus. The University has developed an H1N1 Information Center Web site <http://flu.calpoly.edu> that provides updated information regarding swine flu at Cal Poly. Please visit this Web site frequently so that you have the most current information as it relates to Cal Poly. We appreciate your cooperation and assistance.

In order to be prepared for a possible outbreak, University Housing is asking you to do the following:

1) If you are experiencing any of the following symptoms, please delay your arrival to campus to move in until you have stopped having these symptoms for at least 24 hours.

Symptoms:

- Fever
- Aching muscles
- Headache
- Joint aches
- Eye pain
- Feeling very cold or having chills
- Feeling very tired
- Sore throat
- Runny or stuffy nose

2) Please discuss a campus departure strategy with your family/supporters. The Centers for Disease Control recommends to colleges and universities that students who experience flu-like symptoms are asked to go home. Please have a plan in place of how/where you will depart to, should you get sick.

3) When you come to campus, please bring with you a thermometer, hand sanitizer and any over-the-counter cold medicines you typically use when you are ill. It is also a good idea to make sure you bring juice, clear soup and applesauce to have on hand.

4) Please bring your health insurance information and know how to use and access your health insurance.

5) If you have a medical condition that involves a compromised immune system, please consult your healthcare provider about any additional steps you should take or how to best prepare.

We are looking forward to the Academic Year ahead.

Sincerely,
University Housing